



Take A Pizza Home-Work Yr 8

Choose your homework from the menu below:

THIN

THICK

STUFFED CRUST

Easy

Medium

Difficult



Week 1

Fill in 1 drink from the kids' corner section found on page 2

List 1 'Healthy Drink'

Fill in 3 drinks from the kids' corner section found on page 2

List 2 'Healthy Drinks'

Fill in 3 drinks from the kids' corner section found on page 2

List 2 'Healthy Drinks'

Week 2

Find 3 words from the 'Word search' found on page 2

Find 6 words from the 'Word search' found on page 2

Find 10 words from the 'Word search' found on page 2

Weeks 3

Colour in 2 snacks found on page 3

Colour in 4 snacks found on page 3

Colour in 6 snacks found on page 3

Week 4

Add 1 other 'food' or 'ingredient' to the GREEN section of the eatwell plate found on page 4.

Add 1 other 'food' or 'ingredient' to the GREEN and YELLOW and BLUE sections of the eatwell plate found on page 4.

Add 1 other 'food' or 'ingredient' to ALL sections of the eatwell plate found on page 4.

Week 5

Draw and label a 'Healthy Breakfast'

Draw and label a 'Healthy Lunch'

Draw and label a 'Healthy Tea'

Week 6

Research 'Healthy Meals' and bring in 1 healthy recipe to make in school.

Research 'Healthy Meals' and bring in 2 healthy recipes to make in school

Research 'Healthy Meals' and bring in 3 healthy recipes to make in school

Week 7

Design a Hygiene poster showing 1 rule

Design a Hygiene poster with at least 2 rules

Design a Hygiene poster with at least 3 rules

