

Manor Cafe

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	<i>Fun</i> FRIDAY
Main Course	Chilli con carne	Lemon Sole	Braising Steak Halal Steak	Chicken Stir Fry	New Orleans Chicken Wrap
****	****	****	****	****	****
Vegetarian Option	Quorn Chilli con carne	Vegetable Curry	Veggie Grill	Vegetable Stir Fry	Cheese & Tomato Pizza
****	****	****	****	****	****
Starchy Food	Rice Jacket Potato	Potato Wedges	Roast Potato	Noodles Jacket Potato	Chips
Daily	Salad Bar, Sandwiches, Pasta pots, Jacket Potatoes				
Vegetables	Broccoli Peas	Mixed Vegetables Mixed salad	Cabbage Carrots	Green Beans Cauliflower	Peas Sweetcorn
****	****	****	****	****	****
Dessert	Fruit Platter Frozen Yogurt	Fruit Platter Fruit Jelly	Fruit Platter Natural Yogurt	Fruit Platter Frozen Yogurt	Fruit Muffins
Drinks	Water, Milk,				

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