Sports Pathway

The new and exciting sports pathway at Manor Academy gives our learners an insight into the many job opportunities within the sport and active leisure industry. This qualification will enable learners to make informed choices about progression onto higher-level qualifications and/or employment in the sport and active leisure sector.

They will choose units relating to;

- Taking part in sport,
- Assisting an activity leader
- Preparing for a work placement
- Discovering their own fitness and how the body works
- Planning and using their own fitness programme
- The rights and responsibilities at work, together with health and safety

Delivered through the YMCA Manchester and YMCA Awards, the Diploma in Sport & Active Leisure promotes pupils to be responsible for their own learning and fully participate throughout all aspects of the course. The course caters for differences in ability by allowing pupils to select some units at Entry Level (3) or Level 2, as well as Level 1.

The qualification is facilitated by a sport and fitness professionally qualified tutor who will deliver a combination of theory and practical learning.

The tutor will deliver half a day within the school and a full day will be spent at the Y Club each week giving the learners the experience of an active leisure setting. Learners will also access work experience placements in the sport and active leisure industry that will complement their learning. The course also offers learners the amazing opportunity of taking part in the optional National Pool Lifeguard and First Aid Qualification.

This course will be delivered over a week by Trafford College.

Pupils will need to meet the following pre requisites:

- Be aged 16 or over prior to assessment
- Jump/dive into deep water
- Swim 50 meters in no more than 60 seconds
- Swim 100 meters continuously on front and back
 - Tread water for 30 seconds in deep water
 - Surface dive to the floor of the pool
 - Climb out unaided without ladder or steps

Trafford College will also be providing a careers day for the learners, giving them information on their next steps in terms of qualifications.



